

Client Feedback

I contacted Katrina as my horse didn't seem to be progressing with a niggling injury. I have over many years used McTimoney for differing ailments with my horses and found it to be most effective treating the horse as a whole rather than focusing on one area. Katrina came took detailed notes, then spent time getting to know Kipling and his work structure whilst keeping me informed at all times what was happening. I can say without hesitation that without Katrina's treatment of Kipling he wouldn't be the horse he has become today. Katrina is supportive, knowledgeable, conscientious and went that extra mile to assist with his recovery.
Thank you Katrina
Sharon Smith East Sussex



For further information FAQs, Prices and Pessoa advice please visit my website
www.back2therapy.co.uk

Alternatively call me on:
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for an obligation free chat

Veterinary consent:

The treatment of animals is regulated under the Veterinary Act 1966. Manipulative therapy such as McTimoney practitioners use is authorised providing there is prior consent of the animals' veterinary surgeon.

The General Chiropractic Council regulates the chiropractic treatment of humans, Chiropractic Act of 1994. Only qualified human chiropractors registered with General Chiropractic Council can legally call themselves chiropractors. Animal practitioners therefore do not use the term "chiropractor".


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About McTimoney

People and animals can both suffer from neck, back and musculoskeletal problems.

McTimoney manipulation therapy can help such problems.

The technique was developed by John McTimoney firstly for humans and then adapted to use on animals. For over 60 years McTimoney practitioners have been helping horses, dogs, cats and farm animals with this gentle non-invasive technique.

The treatment is carried out entirely by hand; no sedation or anaesthetics are required. Animals readily accept this gentle effective treatment.

When to seek help?

Most owners know when their animal shows signs of pain or distress; as a guide, treatment should be considered if the following signs are observed.

In Horses

- Asymmetry, stiffness on one rein, disunited canter
- Unlevelness, uneven, irregular action
- Sore, cold backs
- Unexplained resistances, bucking, refusing, rearing
- Uncharacteristic changes in behaviour, temperament or performance
- Changes in muscle development



In Dogs

- Sudden dislike to being stroked along their backs
- Difficulty in climbing up and down the stairs, in and out of the car
- Stiffness or discomfort when getting up from their beds
- Reluctance to go for walks
- Unexplained reduced athletic performance



What does a McTimoney Treatment involve?

- Firstly a detailed history is taken
- Then a visual assessment is carried out while at rest and in walk and trot. This can include tight circles and or lunging. Starting at the head, and working down the back to the pelvis, the joints are palpated to check for alignment and surrounding muscle spasm
- The misaligned joints are adjusted using rapid and precise movements of the hands
- Most animals readily accept the treatment
- After treatment a detailed specific aftercare programme will be discussed, this may include a period of rest, limited exercise or specific schooling exercises and stretching exercises

